

# Student Medical Form pg.1

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## Personal Details

First Name \_\_\_\_\_ Middle Name \_\_\_\_\_ Last Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_ MALE/FEMALE  
Height \_\_\_\_\_ m Weight \_\_\_\_\_ kg

Residential Address \_\_\_\_\_ Post Code \_\_\_\_\_

### Emergency Contact #1

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Relationship \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Mobile Phone \_\_\_\_\_  
Residential Address \_\_\_\_\_ Post Code \_\_\_\_\_

Email Address \_\_\_\_\_

### Emergency Contact #2

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Relationship \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Mobile Phone \_\_\_\_\_  
Residential Address \_\_\_\_\_ Post Code \_\_\_\_\_

Email Address \_\_\_\_\_

## Medical Information

Medicare Number \_\_\_\_\_ Doctors Name \_\_\_\_\_ Doctors Phone # \_\_\_\_\_

Medical Fund Name \_\_\_\_\_ Membership Number \_\_\_\_\_

Medical Cover Provider \_\_\_\_\_ Membership Number \_\_\_\_\_

Ambulance Cover Provider \_\_\_\_\_ Membership Number \_\_\_\_\_

Date of last tetanus injection \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ (If not current, see doctor)

Does your child currently require medication? Yes – complete medication form No

Does your child suffer from asthma? Yes – complete asthma management form No

Does your child suffer from allergies? Yes – complete allergy management form No

Does your child suffer from any of the following? (circle and complete details is applicable)

Chronic injury No Yes Details: \_\_\_\_\_

Chronic illness No Yes Details: \_\_\_\_\_

Emotional Disorder No Yes Details: \_\_\_\_\_

Behavioural Disorder No Yes Details: \_\_\_\_\_

Low/High Blood Pressure No Yes Details: \_\_\_\_\_

Heart Complications No Yes Details: \_\_\_\_\_

Phobias No Yes Details: \_\_\_\_\_

# Student Medical Form pg. 2

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Students Name: \_\_\_\_\_

<b>Bedwetting</b>	No	Yes	<u>Details:</u>	_____
<b>Sleepwalking</b>	No	Yes	<u>Details:</u>	_____
<b>Travel</b>	No	Yes	<u>Details:</u>	_____
<b>Sickness</b>	No	Yes	<u>Details:</u>	_____
<b>Dietary Requirements</b>	No	Yes	<u>Details:</u>	_____

**If your child is ill or requires medical attention in the 4 weeks prior to program you must provide a medical certificate deeming your child fit for program.**

## Swimming Skills

Please indicate your child's swimming skills below:

<b>Swimming Skill</b>	✓
<b>Poor</b> – Basic strokes, only limited strokes beyond domestic swimming pool	
<b>Able</b> – Nothing more than dog paddle	
<b>Good</b> – Strong swimmer, able to swim confidently in a variety of water conditions	
<b>Excellent</b> – Very strong and confident, could swim 50 metres fully clothed	

## Mountain Biking Skills

Please indicate your child's mountain biking below:

<b>Mountain Biking Skill</b>	✓
<b>Non-rider</b> – hasn't yet learned to ride a bike	
<b>Poor</b> – basic riding on flat ground only	
<b>Good</b> – can ride on varied terrain, use gears and brakes effectively	
<b>Excellent</b> – very strong and confident, on all terrain including jumps and drops	

# Student Medication Form

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I, \_\_\_\_\_  
(Parent/Guardian's Name)

Give permission for medication to be administered to \_\_\_\_\_  
(Students Name)

Name of Medication	Reason/Purpose for Medication	Instructions for Administering	Amounts	Times/day
Please Note: Container must be clearly marked with your name, dosage and instruction's for dispensing.				
<b>In the unlikely event that your child/ward misses the allocated time, what steps would you like taken (e.g. administer medication straight away, call you, call Emergency Help)?</b>				
1.				
2.				
3.				
4.				
5.				
<b>Is your child/ward familiar with taking this medication?</b>			YES	NO

I understand that, while Barrington Outdoor Education staff and instructors may be prepared to assist in this matter, the ultimate responsibility rests with me as parent/guardian.

**If there are any problems with the child/ward taking medication, parents/guardians will be contacted immediately.**

\_\_\_\_\_  
Parent/Guardians Name                      Parent/Guardians Signature                      Date

# Student Asthma Management Form

I, \_\_\_\_\_  
 (Parent/Guardian's Name)

Give permission for below plan to be followed for \_\_\_\_\_  
 (Students Name)

<b>Preventer (if prescribed)</b>	<b>Use</b>	<b>Times/day</b>
<b>Reliever</b>	<b>Use</b>	<b>Times/day</b>
<b>Symptom controller (if prescribed)</b>	<b>Use</b>	<b>Times/day</b>
<b>Before exercise</b>	<b>Use</b>	<b>Times/day</b>
<b>Additional medication to be taken in the event of significant wheeze or cough</b>	<b>Use</b>	<b>Times/day</b>
<b>Emergency medication</b>	<b>Use</b>	<b>Times/day</b>

## Known Trigger Factors (please circle and add details if applicable)

Dust of any sort in sufficient quantities	Yes	No
Sudden change in temperature	Yes	No
Contact with animals	Yes	No
Grass and weed pollens, mould	Yes	No
Vigorous exercise	Yes	No
Atmospheric pollution	Yes	No
Other – Details	No	Yes

Details: \_\_\_\_\_

# Student Allergy Management Form

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Students Name \_\_\_\_\_

**What is your child/ward allergic to?** \_\_\_\_\_

**What are the signs and symptoms of the reaction?** \_\_\_\_\_

**Medication and treatment during an emergency attack?** \_\_\_\_\_

**Has your child/ward previously suffered from any of the following:**

Localised reaction (Rash, itching, swelling)	Yes	No
A systemic reaction (Rash, itching, swelling)	Yes	No
An anaphylactic reaction (severe breathing problem, total body swell, emergency situation)	Yes	No
Have you been admitted to hospital due to allergies in the last 12 months	Yes	No
Is there a history of anaphylaxis in your family?	Yes	No
Has allergies interfered with participation in normal physical activities within the last 12 months?	Yes	No
Does your child/ward carry + take adrenaline (Epi-pen), when suffering an allergic reaction? If YES they MUST bring their Epi-pen/Anapen on camp	Yes	No