

| | | Group One | Group Two | Group Three | Group Four |
|------------------|----|--------------------------------|------------------|--------------------|-------------------|
| Day One | AM | Travelling from school to camp | | | |
| | PM | Raft Games | Roping Challenge | Bushwalking | Canoeing |
| Day Two | AM | Roping Challenge | Canoeing | Li-loing | Raft Games |
| | PM | Canoeing | Li-loing | Raft Games | Bushwalking |
| Day Three | AM | Bushwalking | Raft Games | Roping Challenge | Li-loing |
| | PM | Li-loing | Bushwalking | Canoeing | Roping Challenge |
| Day Four | AM | Initiative Games | | | |
| | PM | Travelling from camp to school | | | |



Program Rationale

St Philip's Christian College
Year 8 Outdoor Education Program
3-6 March 2020

Canoeing – Rocky Crossing to Barrington River Lodge

Students will canoe this great 4 km grade one section of the Barrington River. Students will begin with a flat water session focused on basic skills before paddling downriver for white water excitement and intermediate skills development. Experienced canoeing instructors will teach basic white water skills, river safety and group management.

Hiking – Mount Prince Charlie

A half day hike up to Mount Prince Charlie takes in open woodlands, dry and wet rainforest, scenic views and local history. This walk is challenging but allows students to be challenged at their own level, as summiting is an added bonus not a necessary outcome. Guides will teach students basic navigation skills and useful information about the environments that they are hiking through.

Li-lo – The Hutch to The Steps

Students will li-lo a 1.5km section of the Barrington River between The Hutch and The Steps. Students will begin with a short walk up to Never Never before li-oiing back downriver for white water excitement. Experienced instructors will teach basic white water river safety and group management.

Raft Games

Students will learn river safety and raft techniques while having fun with games designed to promote team work and leadership.

Roping Challenge

Students will participate in a Possum Pull and Crate Stack activity learning roping skills, challenging their limits and encouraging one another. Students will also have a chance to challenge themselves on the slack line.

Group Initiatives

On the last day, students will come together for a group activity, facing a round robin style series of initiative challenges. These challenges will be designed to test the skills and values that they have learnt throughout the camp.

Educational Theme

The program revolves around community living. During program, students are given responsibility for the group dynamic. BOE guides, along with teachers, are included in the group as active members of the small community and participate in all aspects of the program. The challenging and adventurous nature the activities will provide an experiential learning environment for the students, fostering the development of new skills, while reinforcing their own self-concept within the group.

Curriculum/ Program Objective:

These programs aim to:

- Promote increased self-esteem and confidence by providing an opportunity for physical and mental challenge.
- Develop and reinforce personal responsibility, group dynamics and community living skills.
- Teach and develop:
 - Basic activity skills and safety techniques
 - Camp craft skills
 - Safe practices and habits in the outdoor environment
 - Group dynamics and problem solving skills in challenging situations
 - Community living and cooking skills
 - New recreational interests, skills and friendships
- Instil and encourage environmental awareness and sound environmental practices in the outdoors through an Australian Wilderness