

		Group One	Group Two
Day One	AM	Travelling from school to Myall Lakes	
	PM	Canoeing	Bushwalking
Day Two	AM	Canoeing	Bushwalking
	PM	Bushwalking	Canoeing
Day Three	AM	Bushwalking	Canoeing
	PM	Travelling from Myall Lakes to school	

Myall Lakes Expedition

Students will spend 3 days exploring the Myall Lakes National Park by foot and by canoe. This camp will focus on appreciation of the natural environment, expedition skills, self-discovery and team development. The journey around Myall Lakes will mirror the concept of life as a journey and allow students the opportunity to be challenged and grow as individuals. A support boat will ensure that students are never too far from assistance or supplies whilst they feel completely immersed in all the benefits of nature.

Educational Theme

The program revolves around community living. BOE guides, along with teachers, are included in the group as active members of the small community and participate in all aspects of the program. The challenging and adventurous nature of canoeing and bushwalking provides an experiential learning environment for the students, fostering the development of new skills, while reinforcing their own self-concept within the group.

Curriculum/ Program Objective:

These programs aim to:

- Promote increased self-esteem and confidence by providing an opportunity for physical and mental challenge.
- Develop and reinforce personal responsibility, group dynamics and community living skills.
- Teach and develop:
 - Basic bushwalking and canoeing skills and safety techniques
 - Camp craft skills
 - Safe practices and habits in the outdoor environment
 - Group dynamics and problem solving skills in challenging situations
 - Community living and cooking skills
 - New recreational interests, skills and friendships
- Instil and encourage environmental awareness and sound environmental practices in the outdoors through an Australian Wilderness