

## Program Outline

Hunter Valley Grammar School  
Myall Lakes Canoeing Outdoor Education Program  
6-9 April 2020

		Group One	Group Two	Group Three
<b>Day One</b>	AM	Traveling from school to Neranie		
	PM	Canoeing <i>Neranie to Shelly Beach</i>		
<b>Day Two</b>	AM	Canoeing		
	PM	<i>Shelly Beach to Korsmans Landing</i>		
<b>Day Three</b>	AM	Canoeing		
	PM	<i>Korsmans Landing - Rivermouth</i>		
<b>Day Four</b>	AM	Canoeing <i>Rivermouth to Nerong</i>		
	PM	Traveling from Nerong to school		



## **Program Rationale**

Hunter Valley Grammar School  
Myall Lakes Canoeing  
Outdoor Education Program  
6-9 April 2020

### **Canoeing – Myall Lakes**

Students will spend 4 days paddling on the Ramsar Listed Wetlands at Myall Lakes National Park. Students will be taught canoeing and expedition skills with a focus on appreciation of the natural environment and team development.

### **Educational Theme**

The program revolves around community living. BOE guides, along with teachers, are included in the group as active members of the small community and participate in all aspects of the program. The challenging and adventurous nature of canoeing provides an experiential learning environment for the students, fostering the development of new skills, while reinforcing their own self-concept within the group.

### **Curriculum/ Program Objective:**

These programs aim to:

- Promote increased self-esteem and confidence by providing an opportunity for physical and mental challenge.
- Develop and reinforce personal responsibility, group dynamics and community living skills.
- Teach and develop:
  - Basic canoeing skills and safety techniques
  - Camp craft skills
  - Safe practices and habits in the outdoor environment
  - Group dynamics and problem solving skills in challenging situations
  - Community living and cooking skills
  - New recreational interests, skills and friendships
- Instil and encourage environmental awareness and sound environmental practices in the outdoors through an Australian Wilderness