

|   |           | Groups 1- 3                        | Groups 4-6                          |
|---|-----------|------------------------------------|-------------------------------------|
| <b>Day 1</b><br><br><b>Monday</b><br><b>27/04/2020</b>    | <b>AM</b> | <b>Travelling</b>                  | <b>Travelling</b>                   |
|   | Location  | School to BOAC                     | School to BOAC                      |
|   | <b>PM</b> | <b>Canoeing</b>                    | <b>Bushwalking</b>                  |
|   | Location  | Rocky Crossing to The Laneway      | Copeland Common to Crawley's Camp   |
|   | Accom     | The Steps                          | Crawley's                           |
| <b>Day 2</b><br><br><b>Tuesday</b><br><b>28/04/2020</b>   | <b>AM</b> | <b>Bushwalking</b>                 | <b>Bushwalking</b>                  |
|   | Location  | The Steps to Broadbent's           | Crawley's Camp to Broadbent's Trail |
|   | <b>PM</b> | <b>Bushwalking</b>                 | <b>Bushwalking</b>                  |
|   | Location  | Broadbent's to Crawley's Camp      | Broadbent's Trail to The Steps      |
|   | Accom     | Crawley's                          | The Steps                           |
| <b>Day 3</b><br><br><b>Wednesday</b><br><b>29/04/2020</b> | <b>AM</b> | <b>Bushwalking</b>                 | <b>Canoeing</b>                     |
|   | Location  | Crawley's to Copeland Common       | Rocky Crossing to The Laneway       |
|   | <b>PM</b> | <b>Reflection</b>                  | <b>Reflection</b>                   |
|   | Location  | The Steps                          | The Steps                           |
|   | Accom     | The Steps                          | The Steps                           |
| <b>Day 4</b><br><br><b>Thursday</b><br><b>30/04/2020</b>  | <b>AM</b> | <b>Travelling</b>                  | <b>Travelling</b>                   |
|   | Location  | The Steps to Violet Hill           | The Steps to Dark Point car park    |
|   | <b>PM</b> | <b>Canoeing</b>                    | <b>Bushwalking</b>                  |
|   | Location  | Violet Hill to Korsmans Landing    | Dark Point car park to Mungo Brush  |
|   | Accom     | Korsmans Landing                   | Mungo Brush                         |
| <b>Day 5</b><br><br><b>Friday</b><br><b>1/05/2020</b>     | <b>AM</b> | <b>Bushwalking</b>                 | <b>Bushwalking</b>                  |
|   | Location  | Korsmans Landing to Bombah Point   | Mungo Brush to Bombah Point         |
|   | <b>PM</b> | <b>Bushwalking</b>                 | <b>Bushwalking</b>                  |
|   | Location  | Bombah Point to Mungo Brush        | Bombah Point to Korsmans Landing    |
|   | Accom     | Mungo Brush                        | Korsmans Landing                    |
| <b>Day 6</b><br><br><b>Saturday</b><br><b>2/05/2020</b>   | <b>AM</b> | <b>Bushwalking</b>                 | <b>Canoeing</b>                     |
|   | Location  | Mungo Brush to Dark Point car park | Korsmans Landing to Violet Hill     |
|   | <b>PM</b> | <b>Travelling</b>                  | <b>Travelling</b>                   |
|   | Location  | Dark Point to School               | Violet Hill to School               |

### **Practice Journey**

Students will be guided through the skills required in camp craft, canoeing and bushwalking in order to complete their Qualifying Journey.

#### **Canoeing – Barrington River**

Students will canoe an 8-10km section between Rocky Crossing and The Laneway or The Steps and Rocky Crossing. These are a great half day sessions on the Barrington River with lots of Grade One rapids. Students will begin with a flat water session focused on basic skills before paddling down river for white water excitement and intermediate skills development. Experienced canoeing instructors will teach basic white water skills, river safety and group management.

#### **Hiking – Copeland State Conservation Area**

Hiking through Copeland Tops State Conservation Area and the surrounding area students will encounter open woodlands, dry and wet rainforest, scenic views and local history. The walks are relatively short so the students will have time to develop intermediate navigation skills and an understanding of the environment. Each group will be split up into navigation teams, with each team will take turns in navigating to the next check point.

### **Qualifying Journey**

Whilst the skills required to complete the qualifying journey are less rigorous than the practice journey, the distances will be increased. BOE guides will continue to form part of the team but students will be encouraged to take a leadership role and complete their expedition under supervision rather than instruction.

#### **Canoeing – Myall Lakes**

Students will canoe between Violet Hill and Korsmans Landing. Depending on conditions, this can be either a challenging or relatively easy paddle. An optional exploration of Boolambayte Creek allows time to be made up if conditions are favourable. The lake offers students a different canoeing experience to the river and allows them to broaden their skill base in a spectacular environment.

#### **Hiking – Myall Lakes National Park**

Hiking in Myall Lakes National Park is predominantly flat. This allows students to cover long distances each day. Campsites are lakeside so students can cool down at the end of a long day of hiking. The area is abundant with wildlife, particularly birds.

**Curriculum/ Program Objectives:**

These programs aim to:

- Promote increased self-esteem and confidence by providing an opportunity for physical and mental challenge.
- Develop and reinforce personal responsibility and group dynamics skills.
- Teach and develop:
  - Basic canoeing and navigation skills and safety techniques
  - Skills in preparing and planning an expedition
  - Safe practices and habits in the outdoor environment
  - Group dynamics and problem solving skills in challenging situations
  - New recreational interests, skills and friendships
- Instil and encourage environmental awareness and sound environmental practices in the outdoors through an Australian Wilderness