



Program Outline
St Philip's Christian College
Y5 Outdoor Education Excursion
18-20 March 2020

		Group One	Group Two	Group Three	Group Four	Group Five	Group Six
Day One	AM	Set up camp					
	PM	Copeland Gold Mine Discovery Tour	Initiative Games	Initiative Games	Initiative Games	Copeland Gold Mine Discovery Tour	Roping Challenge
Day Two	AM	Flat water canoeing	Abseiling	Copeland Gold Mine Discovery Tour	Copeland Gold Mine Discovery Tour	Roping Challenge	Flat water canoeing
	PM	Abseiling	Copeland Gold Mine Discovery Tour	Roping Challenge	Flat water canoeing	Flat water canoeing	Copeland Gold Mine Discovery Tour
Day Three	AM	Initiative Games	Flat water canoeing	Flat water canoeing	Abseiling	Initiative Games	Initiative Games
	PM	Return to School					



Program Rationale

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Copeland Gold Mine Discovery Tour

Students will step back in time to the golden days of the historic Mountain Maid Gold Mine, nestled in the rainforest of Copeland Tops State Conservation Area. NPWS Discovery Rangers deliver a range of hands-on educational programs all linked to a number of key learning areas, including: State & National Parks, Gold and Global Environments. Activities include gold panning, a peek inside the mine, guided walks and talks.

Flat water canoeing

Students will canoe a flat section of the Barrington River, learning basic paddle strokes, river safety and group management. The group will play games in canoes and also tackle the "rock jump". Canoeing is a fantastic way to increase communication and team work.

Abseiling or Roping Challenge

Students will have the opportunity to abseil down an 8m drop, or participate in a high ropes challenge, accepting challenge and stretching their comfort zones. In addition to their self-challenge, they will have the chance to learn how to show support and encouragement for fellow students in times of difficulty.

Initiative Games

This session will incorporate your school's Droving Game with group challenges such as starting a fire, boiling water or building a flagpole with a Rogaine challenge. This activity will be focused on achieving a common goal by working together.

Evening Games

Students will participate in evening games on one night of their camp. This activity will be a combination of "old fashioned games" such as skipping, hoop rolling and hop scotch and more modern games such as human knot and mine field. This session will allow students to directly compare the skills required and entertainment value of the games.

BBQ Dinner

This group dinner will allow students, parents and teachers to socialise with the broader group, share stories and learnings from the camp.

Water Fight

As a final farewell, students will participate in a mass water fight!

Educational Theme

The program revolves around community living. During expeditions, students are given responsibility for the group dynamic. BOE guides, along with teachers, are included in the group as active members of the small community and participate in all aspects of the program. The challenging and adventurous nature of canoeing, roping and initiative games provides an experiential learning environment for the students, fostering the development of new skills, while reinforcing their own self-concept within the group.

Curriculum/ Program Objective:

These programs aim to:

- Promote increased self-esteem and confidence by providing an opportunity for physical and mental challenge.
- Develop and reinforce personal responsibility, group dynamics and community living skills.
- Teach and develop:
 - Basic canoeing and roping skills and safety techniques
 - Camp craft skills
 - Safe practices and habits in the outdoor environment
 - Group dynamics and problem solving skills in challenging situations
 - Community living and cooking skills
 - New recreational interests, skills and friendships
- Instil and encourage environmental awareness and sound environmental practices in the outdoors through an Australian Wilderness