

## RISK MANAGEMENT WORKSHEET – ORIENTEERING

THESE RISKS ARE RELEVANT TO ORIENTEERING ONLY AND SHOULD BE ADHERED TO AT ALL TIMES DURING THIS ACTIVITY

SER	ANALYSE, ASSESS & PRIORITISE RISKS					CONTROL THE RISKS			
	Hazard Type	Potential Consequences	C	P	Risk Rating	Controls	New C	New P	Residual Risk Rating
1.	Indirect Supervision	<ul style="list-style-type: none"> <li>Lost students</li> <li>Students drown in river</li> <li>Students leave the property</li> <li>Increased consequence in the event of bodily harm</li> </ul>	D	U	S	<ul style="list-style-type: none"> <li>Students briefed on activity boundaries (see lesson plan)</li> <li>Students always to stay in teams in case of emergency</li> <li>Instructors to roam property checking on students</li> <li>Teacher to stay at base location in case of emergency</li> <li>Students briefed on actions to be taken in the event of emergency(see lesson plan)</li> </ul>	D	R	M
2.	Traffic	<ul style="list-style-type: none"> <li>Death</li> <li>Trauma</li> <li>Bodily harm</li> </ul>	D	R	M	<ul style="list-style-type: none"> <li>Students briefed on traffic safety (see lesson plan)</li> <li>Students briefed on actions to be taken in the event of emergency</li> </ul>	H	R	L
3.	Slippery, steep and uneven ground.	<ul style="list-style-type: none"> <li>Muscular Sprain/Strain</li> <li>Joint injuries</li> <li>Broken or fractured bones</li> <li>Cuts and grazes</li> <li>Bruising</li> </ul>	H	P	S	<ul style="list-style-type: none"> <li>All BOAC instructors will cover the methods for walking in difficult terrain in their safety briefing e.g. using three points of contact on the ground, Bum sliding and assisting one another (see lesson plan)</li> <li>If possible instructor to have completed the walk before to be familiar with the hazards present</li> <li>In case of any accident the instructor will follow remote area first aid procedures.</li> <li>Students briefed on actions to be taken in the event of emergency(see lesson plan)</li> <li>Orienteering markers put in safe areas</li> </ul>	H	U	L
4.	Getting lost	<ul style="list-style-type: none"> <li>Increased exposure to other hazards</li> </ul>	H	P	S	<ul style="list-style-type: none"> <li>If possible instructor to have completed the walk before to be familiar with the route</li> <li>Adequate communication to be carried (radio, Satellite phone, 3G mobile phone) to ensure BOAC and emergency services can be contacted at all times throughout the walk</li> <li>Students briefed on actions to be taken in the event of emergency(see lesson plan)</li> </ul>	H	U	M