

RISK MANAGEMENT WORKSHEET – ABSEIL

THESE RISKS ARE RELEVANT TO ABSEILING ONLY AND SHOULD BE ADHERED TO AT ALL TIMES WHILST ABSEILING

SER	ANALYSE, ASSESS & PRIORITISE RISKS					CONTROL THE RISKS			
	Hazard Type	Potential Consequences	C	P	Risk Rating	Controls	New C	New P	Residual Risk Rating
1.	Rock fall/ Falling equipment	<ul style="list-style-type: none"> Death Spinal injury Head trauma Broken bones Muscular or tendon trauma Lacerations 	D	P	H	<ul style="list-style-type: none"> Activity Instructor to perform a pre-activity site inspection to remove any loose rock or foreign debris. Activity site to be monitored and any major rock fall recorded. Clients made aware of safety calls during brief i.e. ROCK! The clients are informed during the brief that if they do here someone shout ROCK! They must NOT look up. Clients must wear a helmet during the abseil and while within the 4m rock fall area at the base of the cliff. Clients to remove themselves from the rock fall area located within 4m of the base of the cliff once their abseil is finished. No clients will abseil while there are any clients at the base of the cliff within the 4m rock fall area. Instructor to keep any unused or additional climbing equipment away from cliff edge and out of working area. Clients will be under constant supervision while in cliff side area. 	T	U	L
2.	Fall from height	<ul style="list-style-type: none"> Death or dismemberment Spinal Injury Head trauma Broken bones Muscular or tendon trauma Laceration 	D	P	H	<ul style="list-style-type: none"> Activity instructor to have minimum Certificate III activity qualifications, experience and rescue skills. All BOAC staff to be trained in senior first aid or higher. All clients to be top belayed by a qualified instructor. Equipment usage is to be recorded and inspected before, during and after the activity. Refer to Equipment Log No client is allowed within 3M of cliff edge without a helmet, harness and safety device attached. Only instructors are allowed to connect clients to the abseil line. Only instructors are allowed to remove the safety device. Clients are to remain in marshalling area while waiting to abseil. Clients to be visually checked by the instructor before approaching the cliff edge. Clients are shown and perform ground abseil training. Clients to be under constant supervision while in cliff side area. 	D	R	M
3.	Pinch injury/ Rope Burn	<ul style="list-style-type: none"> Muscular or tendon trauma Hair loss Broken bones Friction burn 	H	U	M	<ul style="list-style-type: none"> Activity instructor to have a current senior first aid. Clients to be warned during brief of correct methods of abseiling to avoid such injuries. Clients to wear protective gloves supplied by BOAC. Long hair to be tucked into the back of the client's shirt or tied up to avoid any hair being caught in the abseil device. Activity instructor to monitor client during the abseil. Refer to Activity Procedure 	H	R	L
4.	Steep/uneven Ground	<ul style="list-style-type: none"> Strains/sprains Cuts/grazes Broken/fractured bones Cranial/ spinal injuries 	H	U	M	<ul style="list-style-type: none"> Instructor to visually check that all clients' footwear is appropriate and that any laces are tied up. Clients are briefed on access track location, route and terrain, and warned of the possible risks Clients to walk the track in groups (min. 2) to allow them to assist each other if necessary. 	H	R	L