



## Camp Gear List

Hunter School of Performing Arts

Yr.11 PDHPE Program

24-26 September 2018

Please note that one of the purposes of the camp is to allow students to learn about themselves by testing them beyond their comfort zone. Having the correct equipment allows them to get the full experience without making it too demanding. The correct equipment also adds to their personal safety and comfort.

It is important to remember that at times students may experience adverse weather conditions with little shelter and depending on the level of activity they choose, they may also be required to carry all their equipment on an extended hike. For this reason students are advised to closely follow the equipment guidelines and refrain from packing excess or inappropriate equipment.

Personal experience tells us that having appropriate equipment adds to the enjoyment, but experience also tells us that some of this equipment can be very expensive. If camping or trekking is going to be prominent in the future it may be worth investing in quality gear and building up a collection over time. However, if this is not the case, less expensive alternatives often suffice. Some of the items may well be borrowed e.g. wet weather jacket.

Below is an outline as to what is recommended, a less costly suitable replacement, an example of what is insufficient or inappropriate and an option to purchase items from our retail store Random Adventure Gear (RAG) at educational prices.

If you wish to purchase gear from RAG please use our online store [www.ragear.com.au](http://www.ragear.com.au) – a number of suitable items have been marked as school specials.

### Tips:

- Label all your equipment with your name and Phone No.
- When packing always think of lightweight materials that take up less space.
- While on activity cotton makes you colder on cold days and hotter on the hot days, thermals or synthetic clothing will make you more comfortable.
- Your equipment will be checked on the first day of the program; any unwanted materials will be stored and returned at the end of program.

### Banned List:

Cigarettes, iPods, pocket knives, alcohol, drugs, mobile phones, tablets, flip flops, make up or gum

**Equipment Recommended**

**Sufficient**

**Do Not Bring**



|   |  |   |   |   |
|---|--|---|---|---|
| <p><b>Sleeping Bag</b></p>  |   |   |    |      |
|   | <p>Lightweight, compact 0 degree sleeping bag.</p>                                 | <p>A 5 – 10 degree sleeping bag, to be combined with thermal underwear</p>          | <p>Quilt or blanket</p>   | <p><a href="#">Black Wolf Vertical Limit 400</a><br/>RRP \$352.99 now just \$264.74</p> |
| <p><b>Sleeping Mat – students only</b><br/>A small mat that offers some comfort but is easily transported is ideal.</p>           |   |   |    |      |
|   | <p>Light weight, compact , self-inflating sleeping mat.</p>                        | <p>Foam Roll</p>  | <p>Mattress</p>   | <p><a href="#">Black Wolf Lightweight ¾ Mat</a><br/>RRP \$115.99 now just \$86.99</p>   |
| <p><b>Small Day Pack</b><br/>Large enough and comfortable enough to carry two drink bottles, lunch, raincoat and warm jumper.</p> |  |  |  |    |
|   | <p>Day pack with padded waist strap.</p>   | <p>School Back Pack</p>   | <p>Plastic Bag</p>  | <p><a href="#">Black Wolf Tempo 30</a><br/>RRP \$119.99 now just \$89.99</p>            |

**Equipment Recommended**

**Sufficient**

**Do Not Bring**



**Tent – students only**



Sub 3kg, stormproof



Waterproof, with floor, and pegs.



Huge 10 person tents, or sun shelters (not waterproof)



[Black Wolf Dragon Fly JUST \\$224](#)

**Water Bottles  
3 x 1 litre**



3 x 1 Litre Quality BPA free Water Bottle



3 x 1 Litre Water Bottle



Water bottle that does not seal



[Nalgene 1L Tritan Bottle RRP \\$19.95 now just \\$14.96](#)

## Equipment Recommended

## Sufficient

## Do Not Bring



**Plastic bag for wet gear**



Water Proof Bag, prevents everything from getting wet when forced to pack away wet gear



Quality Garbage Bag



Plastic Shopping bag



[Pacific Outdoor Pneumo Dry sack](#)  
RRP \$39.95 now just \$20.00

### Meal Utensils

Light weight bowl  
Knife, fork, spoon  
Mug  
Plate  
Tea Towel



Plates, Cuttlery and a good mug in a mesh bag plus a tea towel



Plates & Cuttlery



Disposable plates and Cutlery

### Sunscreen

Waterproof, SPF 30+  
UVA/UVB

SPF 30+ UVA/UVB

Less than 30SPF UVA/UVB

# Equipment Recommended

# Sufficient

# Do Not Bring



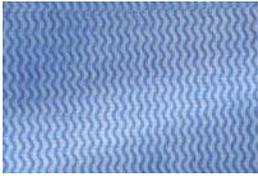
|                         |   |  |   |   |
|-------------------------|---|--|---|---|
| Some snack food         |    |    |    |   |
|                         | Healthy Snacks  | Dried fruit  | Not copious bags of lollies<br>No Chewing Gum   |   |
| Insect Repellent        |    |     |    |   |
|                         | Lotion  | Insect Spray   | Bug Zapper  |   |
| Torch & spare Batteries |    |    |    | <br><a href="#">LedLenser H5</a><br>RRP \$49.95 now just \$37.46 |
|                         | Head Torch  | Torch  | Torch App on Phone  |   |
| Toilet Paper            |  |  |  | With the amount of stinging nettles about you can forget the notion of just using a leaf.   |
|                         | Paper in a waterproof Bag   | Paper in a plastic bag   |   |   |

# Equipment Recommended

# Sufficient

# Do Not Bring



|  |   |  |  |  |
|--|---|--|--|--|
| <p><b>Toiletries</b><br/>Toothbrush<br/>paste and<br/>Deodorant.<br/>(optional)<br/>Hairbrush<br/><u>Girls with long<br/>hair need ties.</u></p>           |    |    |   |  |
|  | <p>Listed Supplies + Soap if<br/>base camping.</p>                                  | <p>Toothbrush and paste<br/>and sunscreen. Soap if<br/>base camping.</p>             | <p>Makeup</p>  |  |
| <p>Towel<br/>Chamois</p>   |    |    |   |  |
|  | <p>Compact Microfiber<br/>Towel</p>   | <p>Towel</p>   | <p>Chux wipe</p>   |  |
| <p><b>Personal First Aid<br/>Kit</b><br/>Band<br/>Personal<br/>Medication,<br/>Tweezers,<br/>Strapping Tape,<br/>Hand Sanitizer,<br/>Blister Treatment</p> |  |  |  |  |
|  | <p>Items listed in a<br/>waterproof bag or<br/>container</p>                        | <p>Items Listed</p>  | <p>Excessive and heavy first aid<br/>equipment</p>                                   | <p><a href="#">Equip First Aid Kit REC 2</a><br/>RRP \$39.95 now just \$29.96</p>    |

## Equipment Recommended

## Sufficient

## Do Not Bring



|                                  |   |  |   |
|----------------------------------|---|--|---|
| Camera (Optional)                |  |  |  |
|                                  | Rugged, Water Proof Camera  | Camera   | Expensive Camera  |
| Sunglasses with strap (optional) |  |  |  |
|                                  | Wrap around face sunglasses with strap  | Cheap glasses you are happy to lose  | Expensive sunglasses  |

**Equipment Recommended**

**Sufficient**

**Do Not Bring**



**Walking Boots**  
that are broken  
in



Walking Boots



Joggers



Sandals

# Equipment Recommended

# Sufficient

# Do Not Bring



## Raincoat length

3/4

Keeping warm and dry adds to comfort



Top quality raincoat – waterproof, breathable fabrics and adjustable hood.



Good Quality Raincoat



Plastic Poncho.



[Wilderness Wear Strider Jacket](#)  
RRP \$399.00 now just \$299.25

## Sun Hat



Wide Brim Hat



Cap with neck protection



Cap or visor offer little sun protection.

## Warm Beanie

Hat/



Thick wool with ear flaps



Fleece



Head Bands

## Equipment Recommended

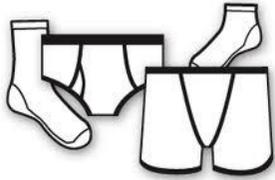
## Sufficient

## Do Not Bring



### Underwear & socks

At least one pair for each day and a spare pair.



Wool or Silk Underwear.  
Wool socks.



Normal underwear and socks

This is not the place to go commando

### Clothing for water activities

Wetsuits will be provided during cold weather (you can bring your own)



Rash Shirt



Sleved and collared cotton or thermal top



Bikini, tank tops, singlets



[Mad-dog / Crystal Rash tops](#)  
RRP \$49.95 now just \$37.46

**Swimmers** (even if swimming is not part of your program, you may get the chance at the campsites to cool off in the river)



Board Shorts



Footy Shorts



No place for the mankini or bikinis

## Equipment Recommended

## Sufficient

## Do Not Bring



### Long sleeve shirt for sun protection

The shirt also offers protection from scratches and insects when walking.



UV rated with collar



Long Sleeve T-Shirt



Singlet top, offers little sun protection

### 2 x T-shirts

Assume that they will get wet and dirty



No Offensive Text



Singlet Tops as they provide little sun protection

### 2 Pairs of Shorts



Comfortable loose fitting shorts preferably with zipper pockets



Short denim shorts, offer no protection and little pockets for supplies

# Equipment Recommended

# Sufficient

# Do Not Bring



**Light weight walking pants**



Lose fitting pants with pockets



Tracksuit pants not jeans



Nothing skin tight as the branches and prickles can penetrate easily

**Thermals**  
2 tops and 1 pants



Thermals



Skivvy and leggings



Dressing Gown



[360 degree thermal top or bottom](#)  
RRP \$29.95 now just \$22.46

**Fleece Jumper / Wind Stopper**



Breatheable waterproof, fleece lined jacket



Synthetic Fleece Top



Cotton Jumper, loses all its warmth if it gets wet.

## Equipment Recommended

## Sufficient

## Do Not Bring



### Dry Clothes for Campsite

Tracksuit pants, T shirts, jumpers etc.



Fleece or Wools is preferable.



Track suit pants and Jumpers



It is not the place for a fashion parade

# Final Checklist

| Equipment Type   | ✓ | Equipment Type  | ✓ |
|--|---|---|---|
| Sleeping Bag   |   | Camera (Optional)   |   |
| Sleeping Mat (students only)   |   | Runners for around camp and activities  |   |
| Small Day Pack   |   | 2 x T-shirts  |   |
| Tent (students only)   |   |   |   |
| Water Bottles - 3 x 1 litre  |   | Thermals - 2 tops and 1 pants   |   |
| Raincoat ¾ length  |   | Long sleeve shirt for sun protection  |   |
| Sun Hat  |   | 2 Pairs of Shorts   |   |
| Warm Hat/ Beanie   |   | Underwear & socks At least one pair for each day and a spare pair.  |   |
| Sunscreen  |   | Plastic bag for wet gear  |   |
| Insect Repellent   |   | Fleece Jumper / Wind Stopper  |   |
| Torch & spare Batteries  |   | Light weight walking pants  |   |
| Toilet Paper   |   | Walking Boots that are broken in  |   |
| Toiletries: Toothbrush + paste and deodorant. Hairbrush (optional)<br><u>Girls with long hair need ties.</u> |   | Swimmers  |   |
| Clothing for water activities  |   | Meal Utensils: light weight bowl, knife, fork, spoon, mug, plate + <u>tea towel</u>                                 |   |
| Towel or Chamois   |   | Some snack food   |   |
| Dry Clothes for Campsite: Tracksuit pants, T shirts, jumpers etc.  |   | Sunglasses with strap (optional)  |   |
|  |   | Personal First Aid Kit: Band Aids, Personal Medication, Tweezers, Strapping Tape, Hand Sanitizer, Blister Treatment |   |
|  |   |   |   |