

## Combination Programs with basecamp at The Steps

- **Pack and Paddle**
- **Pack and Pedal**

Barrington Outdoor Education offers a unique opportunity for students to enjoy multiple outdoor education experiences using our riverside campground as basecamp. Located at the most picturesque rapids on the Barrington River, **The Steps Campground** is the ideal home base for outdoor education activities, including those that contribute to Duke of Edinburgh Award qualifications.

Our popular combination programs utilise The Steps basecamp to maximum effect, as all the activities are undertaken onsite or adjacent to the campground. Duke of Ed participants can complete their Award journeys by canoeing, hiking and mountain biking their way around these scenic foothills of Barrington Tops wilderness area.

### **Pack and Paddle**

Hiking and canoeing are student favourites. The hiking component of their expedition takes students in a loop walk from The Steps, up the rainforest-clad Mount Prince Charlie that rises above the campground. After camping overnight at The Steps, the expedition continues by canoe down the Barrington River through Grade 1 rapids. The Barrington River is well known by white water enthusiasts as offering not only a beautiful environment with pristine waters but also as one of the best white water rivers in the country for beginners. You'll be challenged and rewarded, encountering a rich variety of forest types including riparian forest, wet rainforest, dry rainforest and open eucalypt woodlands.

### **Pack and Pedal**

If foot-powered options are preferred, then our Pack and Pedal program offers hiking and biking. Students complete the hiking component in a loop walk from The Steps, up the rainforest-clad Mount Prince Charlie that rises above the campground. After camping overnight at The Steps, the expedition enjoys mountain biking on trails under the riparian canopy, across the open campground and traversing the surrounding terrain. You'll be challenged and rewarded, encountering a rich variety of forest types including riparian forest, wet rainforest, dry rainforest and open eucalypt woodlands.

### **Skills Outcomes**

Our programs are designed to deliver the following skills outcomes:

- Planning and preparation (including food and water requirements, weather patterns, and appropriate permissions)
- Navigation and route planning (including emergency planning)
- Camp craft (including shelter, fires, cooking, stoves and hygiene)
- Care of the environment (including minimal impact practices, sanitation, care of waterways and rubbish disposal)
- First aid and safety (including risk assessments, emergency equipment, emergency evacuation procedures, emergency contacts and reporting)
- Equipment use (including issue, fit, check and correct use of personal equipment and clothing, group equipment and activity specific equipment)
- Group skills (including group management and leadership, and teamwork)
- Skills specific to mode of expedition (ie. canoeing skills, hiking skills, mountain biking skills etc.)